





# World Junior Championship - 24 Hours in Edmonton

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# Day 1

### COVID-19 Update

Some of the events, experiences, and attractions listed here may be offering modified services at this time.

Please note that all hotels, events, experiences and attractions are following Alberta Health Services COVID health and safety guidelines.

Due to the COVID-19 pandemic, please consult the provincial and national regulations before planning a visit to Edmonton.

# Welcome to Edmonton!

Welcome to Edmonton. We throw axes for fun, barbecue in blizzards, run with dinosaurs and camp with bison. From the continent's first, biggest and wildest Fringe Theatre Festival to a shopping mall that at one time had more submarines than the Canadian navy, Edmontonians have never been afraid to do things a little differently. Normal is for the other guys.

Why is Edmonton different? There are theories. Maybe it's our northern home, where for years we've learned to make our own fun. Perhaps it's our legacy of entrepreneurs dreaming up oddities: deep freezer races, winter patios and surfing indoors. Perhaps it's the foundation of natural beauty, from which we've built something great. Take your taste buds on a journey to some of the hottest craft beer taprooms and hyper-local bistros, experience the glory of the northern lights from our dark sky preserves, or cruise through North America's largest stretch of urban parkland. There's a uniqueness to how Edmontonians do ordinary things, and we welcome you to be a part of it.

#### ExploreEdmonton.com

#### #ExploreEdmonton

Instagram: @exploreedmonton Twitter: @ExploreEdmonton Facebook: @EdmontonTourism



# **Breakfast at Little Brick**

Little Brick is a charming cafe in an old brick house built in 1903 in the heart of the river valley. Here you can enjoy a fresh cup of coffee and one of the best eggs benedict in town. Whether you find a spot in the living room, dining room, or in the backyard, you'll feel like you're sitting in an old friend's home.

Instagram: @littlebrickyeg Facebook: @littlebrickcafestore Twitter: @littlebrickYEG





Little Brick 10004 - 90 Street NW, Edmonton, AB, CA, T5H 4P4 7807051230

Little Brick is a charming cafe in an old brick house built in 1903 in the heart of the river valley. It's the former family home of J.B. Little, the owner of the brickyard that used to call the area home and provided bricks to Edmonton's most historical buildings (a replica of J.B. Little's Brickyard is set up on 1920 street at Fort Edmonton Park). The house is now a cafe, general store and event space with offices upstairs.

Walk into the neighbourhood off the river valley trails and make yourself at home with a coffee and artisanal sandwich in hand (on freshly baked bread!). Browse the general store shelves stocked with locally made delights such as housewares, body products, high quality cooking/baking ingredients, greeting cards, and basic groceries like eggs and milk. Whether you find a spot in the living room, dining room, or in the backyard, you'll feel like you're sitting in an old friend's home.

Contact: Katherine Forgie katherine@littlebrick.ca 780-705-1230

# **Explore the Royal Alberta Museum**

Now that your belly is full, it's time to explore the <u>Royal Alberta Museum</u>. The museum is Western Canada's largest, bringing you more than 82,000 square feet of history! Don't miss the artfully curated gift shop – you can purchase some of the greatest finds this city can offer, from local artists, restaurants, and artisans.

Instagram: @royal\_alberta\_museum Facebook: @RoyalAlbertaMuseum Twitter: @RoyalAlberta





### **Royal Alberta Museum**

9810 103A Avenue Northwest, Edmonton, Alberta, CA

The Royal Alberta Museum is Western Canada's largest museum, bringing you more than 82,000 square feet of exhibition space, and housing a large and wide-ranging collection of artifacts to foster wonder, inquiry and understanding about Alberta. Pull the curtain back on Alberta life and landscape in a remarkable journey from petroglyphs to prehistoric dinosaurs, and from 500 generations of First Peoples to new beginnings on the windswept prairies.

Located in the Arts District in downtown Edmonton, this diverse museum collects, preserves, researches, interprets, and exhibits objects and specimens related to the heritage of Alberta's people and natural environment. The museum's expansive permanent galleries feature engaging exhibits complemented by internationally touring features. The wide ranging collecting and research activities support exhibitions, outreach and learning programs.

### Grab a famous sandwich to go at Farrow Sandwiches

Much like their sister restaurant, Three Boars, Farrow focuses on using local ingredients, and bringing in some of the best coffee from independent roasters from all over the world. They created a menu that is always changing and evolving. In the first 10 months they were open, they served over 100 different sandwiches. This is a shop that has taken on its own personality. A little 3 seater that likes its music loud and its food fun.

Instagram: @farrowsandwhiches Twitter: @FarrowSandwich Facebook: @Farrow





Farrow 9855 76 Ave NW, Edmonton, AB, CA, T6E 1K6

### Shop 'til you drop at West Edmonton Mall

Welcome to the Mt. Everest of shopping and indoor entertainment in North America. Spanning the equivalent of 48 city blocks, West Edmonton Mall is part entertainment complex, part shopping and dining destination.

Instagram: <u>@official\_wem</u> Facebook: <u>@Westedmall</u> Twitter: <u>@Official\_WEM</u>





WEST EDMONTON MALL 8882 170 St NW, Edmonton, AB, CA, T5T 4J2 (780) 444-1450

# **Dinner at RGE RD**

If fresh is what you're looking for, <u>RGE RD</u> is certainly where you'll find it. Driven by a passion for Alberta's abundance of quality produce, Chef Blair Lebsack's philosophies around using local, healthy and ethical food was the foundation of his dream to build an urban gathering place where the farm dictates the menu.

Other dinner suggestions: Uccellino, Bündok, Baijiu

Instagram:@rge\_rd Facebook: @rgerdyeg





**RGE RD** 10623 123rd St., Edmonton, AB, CA, T5M 1Y9 (780) 447-4577

# Legislature Lights Segway Tour with River Valley Adventure Co.

The Alberta Legislative Grounds originated as Fort Edmonton, a hot spot for the fur traders of the 1800's. Today it serves as the government centre for all of Alberta where provincial parliament members gather to discuss policies that affect all of Alberta. The grounds offer wonderful views and beautiful landscaping enjoyed by Edmontonians and visitors alike! The twinkling lights and charming skating rinks really emphasize Edmonton as THE Winter City. This tour is one you do not want to miss!

Instagram: @rivervalleyadventureyeg Facebook: @RiverValleyAdventureYEG Twitter: @SegwayAlberta



River Valley Adventure Co.

9735-Grierson Hill NW, Edmonton, AB, CA, T5N 1J9 780-995-7347

Visiting Edmonton's river valley but only brought your walking shoes? River Valley Adventure Co. is situated right in the river valley with Segway tours, mountain bike rentals, and sports equipment just waiting to be put to good use in our world famous river valley.

Edmonton's river valley is an urban gem, with over 150 km of trails for running, biking, snow shoeing, cross country skiing, and more.

For Segway tours, you'll start with a lesson from a certified member of their team who will offer tips and training. Soon, you're off on a scenic Segway trek. Your guide will share some of Edmonton's natural history and keep you warm with wit and natural wonders along the way.

Contact: Chris Szydlowski chris.segway@me.com 780-995-7347