

DAY ONE



BREAKFAST AT SUGARBOWL

Since 1943 the Sugarbowl has been serving up delicious food and good times. This neighbourhood full-service bistro and pub serves breakfast daily from 9-3pm and is famous for their massive cinnamon buns - go early so don't miss them!



IECK OUT ELEANOR AND LAURENT

After breakfast at the Sugarbowl, pop next door to their sister easter, Eleanor and Laurent. This café, boulangerie, patisserie, rotisserie, charcuterie, and meeting place has to-die-for pastries and Instagram worthy decor.



GO ON A CULINARY ADVENTURE WITH ALBERTA FOOD TOURS

This walking food tour offers you tastings over a three hour period and guides that share entertaining stories of the history, arts and daily life in Edmonton's great foodie neighbourhoods.



DINNER RGE RD

RGE RD is prairie cuisine at its finest. Their tastes and dishes are inspired by the country's fields and forests, our mountains and oceans. RGE RD sources ingredients and provisions from farms and small-scale producers across Western Canada.



OCKTAILS AT BAR CLEMENTINE

This elegant bar in the Oliver neighbourhood is inspired by nature and early 20th century French Art Nouveau. It is one of Edmonton's trendiest hot spots, perfect for a night out you won't forget.

CULINARY SCENE

DAY TWO



BREAKFAST AT KINDRED FOOD & DRINK

Located on the main floor of the JW Marriott Edmonton ICE District, Kindred Food + Drink is your new go-to spot for whatever you're craving — from light and bright salads and grain bowls, to drool-worthy burgers and classic Canadian comfort foods.



GRAB SOME TREATS AT LITTLE DUCHESS BAKE SHOP

Satisfy your sweet tooth! With everything from croissants to pies to mini-meringues, you'll hope your stomach is as big as your eyes. *Pro Tip: Don't miss trying the macarons, they're out of this world!



LUNCH AT BIERA

Biera co-exists within Ritchie Market with local coffee superstar Transcend, butcher shop Acme Meat Market, brewery Blind Enthusiasm and Little Duchess Bake Shop. The menu features beautiful fresh Alberta ingredients from local farms and pairs beautifully with the brews from Blind Enthusiasm.



TAKE A COOKING CLASS WITH GET COOKING

Get Cooking offers chef's table cooking classes focusing on the use of local ingredients to create globally inspired cuisine. Whether you're a seasoned pro or an aspiring 'foodie,' Get Cooking offers classes in a relaxed and intimate setting.



DINNER AT BAIJIU

Baijiu is a cocktail bar & eatery that dishes out Asian-inspired plates meant to be shared. Tucked inside the historic Mercer building, this late-night joint brings old world Shanghai chic to the once-upon-a-time warehouse with legendary cocktails and hip-hop spinning every night. *Pro Tip: If you're visiting on a Friday or Saturday, make sure to have a cocktail at Little Hong Kong; a 16-seat secret bar tucked away inside Baijiu.