

EXPLORE EDMONTON



Outdoor Adventure

Trip Summary

Day 1

Breakfast at District Cafe - District Café & Bakery

Revolution Cycle E-Bike Tour - Revolution Cycle

Lunch Suggestion: Farrow Sandwiches - Farrow

Explore the Aga Khan Garden at the University of Alberta Botanical Gardens - University of Alberta Botanic Garden

Dinner and Cocktails at Clementine - Clementine

Day 2

Breakfast at Little Brick - Little Brick

River Valley Adventure Co. Segway Tour - River Valley Adventure Co.

Ride the 100 Street Funicular - 100 Street Funicular

Visit the Muttart Conservatory - Muttart Conservatory

Ride the High Level Street Car at leisure - High Level Streetcar (Jasper Plaza Terminal)

8:00 PM Dinner at MEAT - Meat

Day 3

Breakfast at Pip - Pip

Elk Island National Park - Elk Island National Park

Bison Backstage Tour - Elk Island National Park

Dinner at El Cortez - El Cortez Mexican Kitchen and Tequila Bar

7:30 PM Sunset Canoe on the River with Haskin Canoe - Sir Wilfrid Laurier Park

Day 1



Breakfast at District Cafe

District Cafe & Bakery strives for quality and simplicity. They are a bakery, coffee shop and restaurant. They are your pit stop to and from the office, the place you treat your friends and the space where you take time to relax. They want to nourish and re-energize you. They want you to remember the child-like joy that comes from a great cookie or a slice of pie. They want to help further your appreciation of artisan baking, craft coffee, hand-crafted cocktails and from-scratch eats. They love what they do, and want to share that warmth.



District Café & Bakery

10011 109 Street Northwest, Edmonton, Alberta, CA, T5J 0B9



Revolution Cycle E-Bike Tour

Edmonton's newest way to see the largest stretch of urban parkland in North America is by electric pedal assist bikes (Pedelects)! Evalley Tours is the perfect way to explore Edmonton for all ages and skill levels. Pedelects offer couples and non-cyclists the opportunity to ride together and enjoy a casual bike ride at a pace where you can see, smell and touch your surroundings.

Revolution Cycle

15103 Stony Plain Rd NW, Edmonton, AB, CA, T5P 3Y2
7804863634

As one of the biggest shops in North America we strive to give you the largest selection and variety of products to meet your needs. Coupled that with experienced staff to help you from buying your first Bike or making that Sweet top of the line purchase.



Lunch Suggestion: Farrow Sandwiches

Much like their sister restaurant, Three Boars, Farrow focuses on using local ingredients, and bringing in some of the best coffee from independent roasters from all over the world. They created a menu that is always changing and evolving. In the first 10 months they were open, they served over 100 different sandwiches. This is a shop that has taken on its own personality. A little 3 seater that likes its music loud and its food fun.



Farrow

8422 109 Street, Edmonton, AB, CA, T6G1E2
780-757-4160

craft sandwiches & coffee



Explore the Aga Khan Garden at the University of Alberta Botanical Gardens

After nearly a decade of planning and 18 months of construction, the Aga Khan Garden, Alberta is open to the public. Made possible by a gift to the University of Alberta from His Highness the Aga Khan, this spectacular garden is unlike anything on the continent – 4.8 hectares of modern architectural beauty inspired by Mughal traditions, designed for the Edmonton region's climate and topography.



University of Alberta Botanic Garden

51227 Alberta 60, Spruce Grove, Alberta, CA, T7Y 1C5



Dinner and Cocktails at Clementine

Intimate, with a variety of seating, the Art Nouveau-inspired design encourages dallying over delicious and ever-changing small plates by chef Roger Letourneau. Enjoy thoughtful cocktails along with an outstanding wine list.



Clementine

11957 Jasper Avenue NW, Edmonton, AB, CA, T5K 0P1
7807564570

Bistro and cocktail/wine bar in the Pearl Tower. Limited reservations available at www.barclementine.ca

Day 2



Breakfast at Little Brick

Little Brick is a charming cafe in an old brick house built in 1903 in the heart of the river valley. It's the former family home of J.B. Little, the owner of the brickyard that used to call the area home and provided bricks to Edmonton's most historical buildings (a replica of J.B. Little's Brickyard is set up on 1920 street at [Fort Edmonton Park](#)). The house is now a cafe, general store and event space with offices upstairs.

Walk into the neighbourhood off the river valley trails and make yourself at home with a coffee and artisanal sandwich in hand (on freshly baked bread). Browse the general store shelves stocked with locally made delights such as housewares, body products, high quality cooking/baking ingredients, greeting cards, and basic groceries like eggs and milk. It has such a welcoming feel! Whether you find a spot in the living room, dining room, or in the backyard, you'll feel like you're sitting in an old friend's home.





Little Brick

10004 - 90 Street NW, Edmonton, AB, CA, T5H 4P4
7807051230

Little Brick is a charming cafe in an old brick house built in 1903 in the heart of the river valley. It's the former family home of J.B. Little, the owner of the brickyard that used to call the area home and provided bricks to Edmonton's most historical buildings (a replica of J.B. Little's Brickyard is set up on 1920 street at Fort Edmonton Park). The house is now a cafe, general store and event space with offices upstairs.

Walk into the neighbourhood off the river valley trails and make yourself at home with a coffee and artisanal sandwich in hand (on freshly baked bread!). Browse the general store shelves stocked with locally made delights such as housewares, body products, high quality cooking/baking ingredients, greeting cards, and basic groceries like eggs and milk. Whether you find a spot in the living room, dining room, or in the backyard, you'll feel like you're sitting in an old friend's home.

Contact:

Katherine Forgie

katherine@littlebrick.ca

780-705-1230



River Valley Adventure Co. Segway Tour

Visiting Edmonton's river valley but only brought your walking shoes? River Valley Adventure Co. is situated right in the river valley with Segway tours, mountain bike rentals, and sports equipment just waiting to be put to good use in our world famous river valley.

Edmonton's river valley is an urban gem, with over 150 km of trails for running, biking, snow shoeing, cross country skiing, and more.

For Segway tours, you'll start with a lesson from a certified member of their team who will offer tips and training. Soon, you're off on a scenic Segway trek. Your guide will share some of Edmonton's natural history and natural wonders along the way.



River Valley Adventure Co.

9735-Grierson Hill NW, Edmonton, AB, CA, T5N 1J9
780-995-7347

Visiting Edmonton's river valley but only brought your walking shoes? River Valley Adventure Co. is situated right in the river valley with Segway tours, mountain bike rentals, and sports equipment just waiting to be put to good use in our world famous river valley.

Edmonton's river valley is an urban gem, with over 150 km of trails for running, biking, snow shoeing, cross country skiing, and more.

For Segway tours, you'll start with a lesson from a certified member of their team who will offer tips and

training. Soon, you're off on a scenic Segway trek. Your guide will share some of Edmonton's natural history and keep you warm with wit and natural wonders along the way.

Contact:
Chris Szydowski
chris.segway@me.com
780-995-7347



Ride the 100 Street Funicular

Catch a free ride on the 100 Street Funicular - your link from Downtown Edmonton to the North Saskatchewan River Valley. Take in the sights and sounds of Edmonton's River Valley as you ride along the side of the bank in the glass walled elevator. The 48-second ride leads you to a promenade partway down the hill where you can have a picnic, snap pictures, or read a book. Walk across the promenade to the lookout point with an unobstructed view of the river valley.



100 Street Funicular

10065 100 Street Northwest, Edmonton, Alberta, CA, T5J 0N6



Visit the Muttart Conservatory

Breathe in colourful and exotic life unfolding at the enchanting Muttart Conservatory. Each of the four iconic pyramids holds a themed garden representing a different world biome and species that hail from Mexico to Madagascar.

Bathe yourself in the lush Tropical pyramid, alive with delicate orchids, a weeping fig, towering banana trees and huge palms. The Arid pyramid bites back, with its spiky cactus and exotic desert species. Australian pampas grass and Eucalyptus trees are two colourful species you'll find in the Temperate zone. Inventive Muttart staff create seasonal explosions of texture and life in the Feature garden. Catch the resident superstar, a giant *Amorphophallus titanum*, nature's tallest flowering plant, also known as the corpse flower.



Muttart Conservatory

9626-96A Street, Edmonton, AB, CA, T6C 4L8
780-442-5311

One of Edmonton's most iconic structures, the Muttart Conservatory offers a year-round escape into the beauty of the world's plant life.

Vibrant, colourful, tranquil and inspirational, the pyramids' display gardens are a welcome oasis for all.

Designed by award-winning Canadian architect Peter Hemingway, the Muttart Conservatory officially opened in September 1976. The Muttart Foundation donated half of the Conservatory's original \$2 million construction cost. The City of Edmonton and the Province of Alberta provided the balance of funding.



Ride the High Level Street Car at leisure

Take a ride through Edmonton on an historic streetcar: see spectacular views, and get a sense of Edmonton's earlier days on the highest streetcar river crossing in the world.

Ride in a beautifully refurbished trolley car that dates back to the early 1900s. Get views of the river valley you wouldn't otherwise see, and feel the breeze coming in through the window as you savour the spectacular journey across the 100-year-old High Level Bridge.



High Level Streetcar (Jasper Plaza Terminal)

10910 100 Avenue Northwest, Edmonton, Alberta, CA, T5K 0H6



8:00 PM - Mountain Time

Dinner at MEAT

Please meet with Nancy Gordy of Edmonton Tourism.

MEAT is a locally owned and operated smokehouse located in the heart of Old Strathcona. An authentic BBQ experience with homemade sauces, savoury sides, and a casual welcoming room to indulge. It's a great place to bring a group of people and share a few meat platters and side dishes.

[Instagram](#)

[Facebook](#)

[Twitter](#)

Contact:

587-520-6338

info@meatfordinner.com



Meat

8216-104 St., Edmonton, AB, CA, T6E 4E5
(587) 520-6338

MEAT is a locally owned and operated smokehouse located in the heart of Old Strathcona. An authentic BBQ experience with homemade sauces, savoury sides, and a casual welcoming room to indulge. It's a great place to bring a group of people and share a few meat platters and side dishes.

Contact:

587-520-6338

info@meatfordinner.com

Day 3



Breakfast at Pip

Brought to you by The Next Act and MEAT family, PIP is a cute 28 seat restaurant in the heart of Old Strathcona, Edmonton. Serving premium comfort food - Brunch by day // dinner til late // cocktails & wine always.



Pip

10403 83 Ave, Edmonton, AB, CA, T6E 2C7



Elk Island National Park

Less than an hour's drive from a capital city a million people strong is a place of quietness, where pristine starry skies shine next to city lights. This is where Cree and Métis have lived and hunted, and generations of families have chosen to picnic and play.

Elk Island National Park has higher densities of hoofed mammals per square kilometer than any other area in the world, and is the cornerstone of Canada's bison conservation story. Without this place and the dedication of its people, herds of plains and woods bison would not thrive in Canada today. Connections are made here; it is where you can become a steward of these iconic creatures, and discover their importance to the heart and soul of this nation.



Elk Island National Park

Hwy 16 E, Fort Saskatchewan, AB, CA, T8L 2N7
(780) 922-5790

North side of Highway 16 East (45 minutes from downtown)



Bison Backstage Tour

Take part in the Bison Backstage Tour where you'll get a VIP backstage pass to the Elk Island National Park bison handling facility. You'll learn about the techniques behind the successful conservation facilities with demonstrations, hands-on activities and a tour.



Elk Island National Park

Hwy 16 E, Fort Saskatchewan, AB, CA, T8L 2N7
(780) 922-5790

North side of Highway 16 East (45 minutes from downtown)



Dinner at El Cortez

Located just off Whyte Avenue, El Cortez Mexican Kitchen + Tequila Bar is a creative combination of arresting décor, culinary arts, fine tequila and craft cocktails.

They proudly carry over 140 different tequilas and mezcals which are all 100% agave and were selected for their unique and delicious qualities. In addition to the wide selection of tequilas, El Cortez has a fantastic craft cocktail program and a selection of beers, wines, and other spirits. El Cortez is also one of only 9 establishments in the world certified by the Consejo Regulador del Tequila (the Tequila Regulatory Council). On weekend late nights, the focus shifts to the tequila cellar in the basement where DJs and live bands turn the volume up.



El Cortez Mexican Kitchen and Tequila Bar

8230 Gateway Boulevard NW, Edmonton, AB, CA, T6E 4B2
7807600200

Located just off Whyte Avenue, El Cortez Mexican Kitchen + Tequila Bar is a creative combination of arresting décor, culinary arts, fine tequila and craft cocktails.

They proudly carry over 140 different tequilas and mezcals which are all 100% agave and were selected for their unique and delicious qualities. In addition to the wide selection of tequilas, El Cortez has a fantastic craft cocktail program and a selection of beers, wines, and other spirits.

El Cortez is also one of only 9 establishments in the world certified by the Consejo Regulador del Tequila (the Tequila Regulatory Council).

On weekend late nights, the focus shifts to the tequila cellar in the basement where DJs and live bands turn the volume up.

Contact:
Megan Bancesco
megan@elcortezcantina.com
780-760-0200



7:30 PM - Mountain Time

Sunset Canoe on the River with Haskin Canoe

View the orange and red glow of the sun setting as you paddle on the still waters of the North Saskatchewan. Haskin Canoe's sunset tours are a one-of-a-kind opportunity to transport through Edmonton's own backyard. You'll enjoy the serenity of this water adventure and may even be lucky enough to hear the distant cry of a loon or splash of a beaver. Don't forget to bring your binoculars and camera to view the birds and wildlife that you may encounter along the shoreline.





Sir Wilfrid Laurier Park

13221 Buena Vista Road, Edmonton, AB, CA, T5R 5R6